

PRAYER RESOURCES

Saint Dymphna

Patroness of those who suffer with mental and nervous disorders. Saint Dymphna has become increasingly popular in recent years as someone to turn to when experiencing worry, fear, and anxiety. Saint Dymphna can be invoked for help with a range of mental issues, from daily stress to the more serious .

Prayer to Saint Dymphna

Good Saint Dymphna, great wonder-worker in every affliction of mind and body, I humbly implore your powerful intercession with Jesus through Mary, the Health of the Sick, in my present need. (Mention it.) Saint Dymphna, martyr of purity, patroness of those who suffer with nervous and mental afflictions, beloved child of Jesus and Mary, pray to Them for me and obtain my request.

(Pray one Our Father, one Hail Mary and one Glory Be.)

Saint Dymphna, Virgin and Martyr, pray for us.



In His Holy Name Ministry
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CATHOLIC MENTAL HEALTH MINISTRY

In His Holy Name Ministry
Serving Dover, NH and
the surrounding areas

**With the experience of
prayer, supportive
relationships and inner
strength. You will find
that you are not alone.**

A Healing presence in the Church for people living with Mental illness
Independent Catholic Church of the Americas
An Old Catholic Tradition, not associated with the Roman Church



People with mental illness and their families often encounter stigma and societal misunderstanding about these illnesses. Sadly, the misconceptions about serious mental illness often keep people from seeking treatment and from participating in their faith communities. Feeling unwelcome at church, they also may feel rejected by God. Parishes can challenge those assumptions by accepting and reaching out to people with serious and persistent mental illness as well as their families – to open doors and minds to the gifts of all God’s people. An essential part of recovery from illnesses is spiritual healing. When faith communities welcome and embrace all God’s people, they too are healed and enriched.



ABOUT this MINISTRY

The In His Holy Name Ministry wants to provide a safe, supportive environment for individuals in our community who are experiencing mental illness. The Ministry also supports the parents, family members, and friends of those who are supporting a loved one who is experiencing mental illness. Our goal is to ensure that no one feels alone in his or her struggle with mental illness. The individual spiritual support is not therapy but a ministry in which those with mental illness seek help for during their time of need and to grow spiritually in their relationship with God. One does not need to be Catholic to participate but Catholic prayers and devotions will be used.

Brother Chris has been in the nursing and mental health field since 1984 and feels strongly that spiritual health is missing in today's care of the mentally ill. We all have seen what a difference God makes in our lives, and what a difference being accepted by a community makes in the healing process. It confirms God is an essential part of who we are and a critical part of our being whole.

For more information about our ministry and how we can work with you contact Brother Chris Bashaw, OFJ, RN at

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The visits will open with a prayer. This is followed with being seen sharing his/her concerns spiritually. The second half of the meeting will be spiritually based with reflections on scripture and spiritual readings along with prayer. a blessing or healing meditation may also be included.



We will come to you

- Nursing Home visits
- Assisted Living Facilities
- Residential and Group Home visits
- Hospice Home visits
- Home Visits
- Substance Abuse Detox Center visits
- Hospitals
- Mental Health Units
- Homeless Shelters

All are welcome to His table.

